YOUR FAMILY'S HEALTH IS OUR PRIORITY



Church Street | Arlington, VT | 05250 | (802) 375-6566 www.BattenkillValleyHealthCenter.org



Our Leadership

Friends of Battenkill Valley Health Center -

As we near the end of our ninth year as Bennington County's only federally qualified health center, we remain committed to our mission. Our hope is that the information included here will be helpful in gaining a better understanding of BVHC's work, both at the health center and in the community.

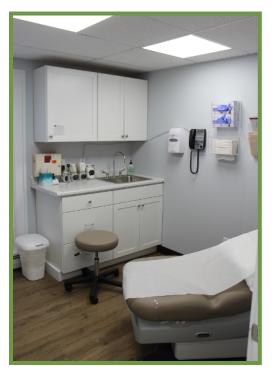


BVHC's patients are your neighbors, your family, your friends, your colleagues. On behalf of the board of directors, and the administrative and clinical teams, we thank you for taking the time to learn more about your community health center.

Kayla Davis, MSW and Anje Van Berckelaer, MD, MS

Co-Executive Directors





Our 18 Church Street office houses three exam rooms, a small lab, and a waiting room with resources for patients.

To provide compassionate, comprehensive, affordable healthcare.

Values

We believe the following value statements are essential to our mission.

Comprehensive Care: Treating the whole person throughout all stages of life has a positive, long-term impact on individuals, families, and communities.

Employee Well-being: We invest in our employees by providing learning and training opportunities that make BVHC an employer of choice and joyful place to work.

Equal Access: Every person, regardless of their ability to pay, has the right to receive high-quality, reliable, and confidential healthcare.

Excellence: We strive for excellence in all aspects of our healthcare.

Integrity: We demonstrate compassion and empathy recognizing the individuality of our patients. We employ the highest ethical standards that include honesty and fairness.

Partnership: The BVHC team establishes partnerships that enhance our communities.

BVHC's Board of Directors is comprised of devoted individuals who volunteer their time and energy to provide the Center with ongoing

Our **Board**



guidance and vision. The majority of our Board members are BVHC patients, so their leadership reflects the interests, issues, and concerns of the people we serve. The Board of Directors is vested with ultimate responsibility for the fiduciary management of BVHC and to ensure that the Battenkill Valley Health Center fulfills its mission.

Board of Directors in 2023



Brian Cunningham, MD, Chair (2015) Bennington, VT - spent 36 years at Southwestern Vermont Medical Center as an internist. He is a faculty member at the Department of Medicine Residence Program at Berkshire Medical Center in Pittsfield, MA.



Christine Bongartz (2020) Manchester, VT - worked for the Vermont Department of Health for 32 years collaborating with community partners to improve health outcomes throughtout Bennington County.



Peter King, MD, Vice-Chair (2015) Shaftsbury, VT - was the director of the Bennington VA Clinic from 1997-2015. Practicing primary care, Dr. King has a special interest in long-term care of older adults.



Mary Ann Carlson (2010) Arlington, VT - is currently a self-employed psychotherapist and Reiki Master Teacher and practitioner. Previously, she worked as a Clinical Psychologist for children and their families for 14 years.



Carol Loeffler Gottlieb, Secretary (2021) Dorset, VT - has worked in the world of psychology for more than 30 years. Since 1995, Carol has been conducting individual, marital, and family psychotherapy through her private practice.



Carol Kirkland, (2017) Arlington, VT - is a retired instructor from Penn State University where she taught courses in statistics and quantitative business methods.



Thomas Lenkowski, Treasurer (2022) Pownal, VT - spent the majority of his 44+ year career as a chief financial officer for various health systems in VT, MA, and NH. Tom is proudly involved with many local organizations.



Russ Leslie (2018) Shaftsbury, VT - is the co-founder and retired associate director of Rensselaer Polytechnic Institute's Lighting Research Center and Professor Emeritus of Architecture at Rensselaer.



James Blanchard (2019) Arlington, VT - has served southern Vermont as a member of law enforcement since 2004. He currently holds the rank of Sergeant with the Manchester Police Department.



James Martinez (2021) Hoosick Falls, NY - began his banking career in 1987, and since 2000, has served as the President of Tri State Area Federal Credit Union overseeing nearly \$40MM in assets.



Our Services

Primary & Preventive Care

Primary medical care is at the heart of what we do. If you are healthy, we can help you stay that way. If you are sick, we can treat you. It is our priority to provide a safe and comfortable environment for patients to talk about confidential concerns.

General Dentistry

At BVHC, we believe that good oral health not only improves a person's ability to speak, smile, chew, and taste foods but also helps to improve overall health. From cleanings to restorative care, BVHC provides general dentistry to patients starting at age one in four state-of-the-art dental operatories.

Counseling Services

We offer mental health counseling to children, adolescents, adults, and families in both individual and group settings. Our substance use disorder team works with adults who wish to treat opioid use disorder with medication and comprehensive recovery support.

Nurse Case Management

Nurse case managers oversee transitional care for BVHC patients. Working as a team to ensure quality care post hospitalization, nurse case managers ensure patients are following their care plan to help them meet their healthcare goals.

Nutritional Counseling

Providing patients with valuable dietary skills to lead a healthy lifestyle, our nutritionist offers ideas to help patients make healthy food choices. Patients can learn how to cook delicious, healthy meals for themselves and their families in the on-site teaching kitchen.



During National Health Center Week, observed every August, we honor the patients we serve, we salute our dedicated staff, and we celebrate the amazing work we do in the communities we serve.











Access for All



Sliding Fee Program

The Sliding Fee Program is a federally funded program that provides a discount to patients who are uninsured or under-insured. This program allows qualifying patients to receive medical, counseling, and/or qualifying dental services at BVHC at a discounted rate. There is a minimum co-payment due at the time of service for all discounted services received.

Federal guidelines require BVHC to take household size and income into consideration when determining an applicant's eligibility. Patients can apply anytime, and if approved for the program, patients are required to renew their application every six months. If a patient is not approved for the program, they are encouraged to contact BVHC if they have a significant change in income or family size to reapply.

Patient-Centered Medical Home

As a patient-centered medical home, Battenkill Valley Health Center is dedicated to improving and managing the health of the people we serve by providing quality health care and related social services that promote access, treatment, education, and prevention regardless of health, economic, or insurance status.

Communities Where Our Patients Live

Vermont: Arlington, Barre, Bellows Falls, Bennington, Bondville, Brattleboro, Burlington, Chester, Danby, Dorset, East Arlington, East Dorset, Fair Haven, Grafton, Hartland, Hinesburg, Jamaica, Landgrove, Londonderry, Ludlow, Lyndon, Manchester, Manchester Center, Marlboro, Mount Holly, Mount Tabor, Newfane, North Bennington, North Pownal, Pawlet, Peru, Plymouth, Poultney, Pownal, Putney, Randolph, Readsboro, Rockville, Rupert, Rutland, Sandgate, Shaftsbury, South Londonderry, South Wallingford, Springfield, St. Albans, Stamford, Stratton Mountain, Sunderland, Tinmouth, Townshend, Wallingford, Wardsboro, Wells, Westford, West Dover, West Pawlet, West Rupert, Westminster, Weston, Whitingham, Wilmington, Windham, Winhall, Winooski, and Woodford.

Massachusetts: Dalton, Greenfield, Hinsdale, Lenox, North Adams, Pittsfield, and Williamstown.

New York: Albany, Argyle, Buskirk, Cambridge, Cherry Plains, Eagle Bridge, Glenville, Granville, Greenwich, Hoosick Falls, Ithaca, Johnsonville, North Petersburgh, Petersburgh, Salem, Saratoga Springs, Schuylerville, Shushan, Troy, Valley Falls, Waterford, and White Creek.



Our Providers

Battenkill Valley Health Center providers know and care about the patients they serve. Whether a patient is seen once a year or once a week, they are valued and involved in their healthcare plan. Providing care on a daily basis, our medical team is committed to our patients, helping to create a healthier community for us all. We are excited for the road ahead, and we look forward to delivering care to patients of all ages, throughout all stages of life.





Anje Van Berckelaer, MD, MS (Dr. Van) provides primary health care services to patients of all ages and has served as BVHC's Clinical Director since March, 2017. Dr. Van received her early education at Université Paul Valéry in Montpellier, France and then received a B.A. in Anthropology from Yale University. After earning her Doctorate of Medicine from Harvard Medical School in 2004, Dr. Van spent time as a Physician Supervisor with Doctors Without Borders providing direct pediatric and adult inpatient care. In 2010, Dr. Van went on to complete her Masters in Health Policy Research from the University of Pennsylvania. Dr. Van speaks English, French, Spanish, and Dutch.



Mary Katherine (Kate) Howard, MD received her undergraduate education from the University of Arkansas, Fayetteville, and her medical degree from the University of Arkansas, Little Rock. Board certified in family medicine, she has been providing direct patient care to patients of all ages since 2010. With a special interest in helping patients manage their chronic illnesses, Dr. Howard enjoys providing care to patients in all stages of life and appreciates that the field of family medicine allows her to develop relationships with patients, achieving healthy out-



comes that benefit the entire family. Dr. Howard joined the BVHC team in May, 2019. **Jeremy Clover, DMD** received his Bachelor's degree from Brigham Young

University in 2011 and his DMD from Tufts University's School of Dental Medicine in 2015. He spent five years providing care to patients in southern Vermont at a private practice before joining the BVHC team in February, 2021. Dr. Clover and his team host fourth year students from the University of New England's Dental School for 13-week-long rotations.





Corey Bell, Family Nurse Practitioner, began his nursing career in 2010 at Bennington Health and Rehabilitation in Bennington, VT. In 2018, he graduated from the Science of Nursing Master's program at Frontier University, and subsequently received his post-graduate certification as an FNP. Corey then joined Planned Parenthood of Greater New York and of Northern New England. During his time at Planned Parenthood, Corey was responsible for preventive and episodic care related to sexual and reproductive health, including primary care services, management of depression and anxiety, and gender-affirming care. Corey joined the BVHC team in July, 2021.

Our Providers





Melissa Prouty, Family Nurse Practitioner, graduated from Duquesne University's Science of Nursing Master's program and has since dedicated more than 20 years to the healthcare field. Melissa began her nursing career at Bennington Area Home Health, growing the hospice program and guiding the agency through its initial Medicare survey for the hospice program. Since earning her certification as a Nurse Practitioner and Advanced Practice Registered Nurse in 2010, Melissa has worked in various care settings providing preventive care, disease management, and diagnostics to patients across the lifespan. Melissa joined BVHC in August, 2022 and continues to work with hospice.



Kelly Davis, Psychiatric Nurse Practitioner, obtained her undergraduate degree from Samaritan School of Nursing and her Master's degree from Regis College. After spending 26 years as a registered nurse with Southwestern Vermont Medical Center's Women's and Children's Services, she transitioned to Nurse Case Manager with the Vermont Blueprint for Health. In this role, Kelly provided care to patients engaged in treatment for substance use disorders for seven years. During that time, she saw the need for mental health providers. Kelly joined the BVHC team in October 2019 and is trained to provide medication management to patients across the lifespan.



Jim Picone, **Physician Assistant**, began his career in healthcare in 1990 working in the Emergency Room at Central Vermont Medical Center. Since completing the Physician Assistant (PA) Program at the University of Iowa, Jim has worked extensively as a PA in both primary and orthopedic offices in Vermont and New Hampshire.

Jim joined BVHC in September, 2022. He enjoys sharing his love of the outdoors with his patients, cultivating active lifestyles to promote healthy living with patients of all ages.



Leigh Ullman, LICSW, obtained his undergraduate degree from Eastern Michigan University followed by his Master's in Social Work from the University of Wisconsin – Milwaukee. Leigh began his career as a child welfare worker in Kenosha, WI where he spent three years conducting child abuse and neglect investigations. For the next six years, he provided short-term individual and group therapy to patients at an in-patient psychiatric hospital. He has trained extensively in trauma treatment and has developed trauma-informed care programs for various agencies. Leigh is also trained in Dialectical Behavior Therapy and joined the BVHC team in August, 2021.



Kiana Gates, LICSW, PMH-C, obtained her Bachelor's of Social Work (BSW) from Castleton University followed by her Master's in Social Work (MSW) from Columbia University, where she concentrated in the areas of health, mental health, and disabilities. Kiana has a very diverse skill set and has experience providing therapy to children, teenagers, and adults. She is trained extensively in perinatal mental health and interpersonal psychotherapy and is certified in perinatal mental health (PMH-C). Kiana does extensive work with Postpartum Support International, and is a Vermont board member and helpline volunteer. Kiana joined the BVHC team in February, 2023.



Our Numbers



BVHC has always been prudent regarding its expenses, capitalizing on opportunities to reinvest and save for the future as we continue to expand. We are dedicated to the patients we serve, improving health outcomes to create healthier communities for all. We look to the days ahead with ambition and hope to meet the ever changing needs of our patients.



Assets

Current Assets Cash 2,501,553 Patient accounts receivable, net Grants receivable 172,350 Due from third-party payers 318,583 Other current assets 29,559 Total Current Assets \$3,308,443

Property and Equipment, net <u>1.962,125</u>

Total Assets \$5,270,568

Liabilities & Net Assets

Current Liabilities

Accounts payable & accrued expenses	93,936
Accrued salaries & related expenses	233,275
Deferred revenue	111,060
Long-Term Debt	<u>598,543</u>
Total Liabilities	\$1,036,814

Net Assets

Unrestricted & restricted 4,233,754

Total Liabilities & Net Assets \$5,270,568







4,085 come from 108 towns – unique patients 66 · 23 · 7 · 12

in VT

in NY in MA other

15.5% of our patients are under 18







"In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Battenkill Valley Health Center, Inc. as of June 30, 2023, and the results of its operations, changes in its net assets and its cash flows for the year then ended, in accordance with U.S. generally accepted accounting principles. In addition, the Organization complied, in all material respects, with the compliance requirements that could have a direct and material effect on its major federal program for the year ended June 30, 2023."

Our Numbers



Statement of Operations

Operating Revenue
Patient service revenue
Grants, contracts, and contributions
Other operating revenue
Net assests released from restriction

7.462

Total Operating Revenue

2,378,441
2,348,881
40,638
40,638

44,775,422

Operating Expenses
Salaries and wages
Employee benefits
Contracted services
Other operating expenses
Depreciation
Interest expense

5,732,630
634,559
281,902
128,593
128,593
Interest expense
21,911
Total Expenses
\$4,391,863

Excess of Revenue Over Expenses \$383,559



types of visits

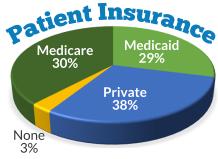
3,789 behavioral health

3,401

8,873 medical

.765

telehealth visits

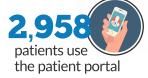


Weekly Newsletter Providing resources & health education for you & our community.

Our digital mailing list continues to grow and is a great way for us to communicate information pertinent to those who read it. If you are interested in joining our growing list, email Kate at KateBryan@bvhcvt.org!









Addressing Food Insecurity

1,681 Veggie Van Go bags have been distributed

donors to

Hannah's Pantry





BVHC is a proud partner of the Vermont Foodbank, and through their Veggie Van Go program, we provide fresh fruits and vegetables to those who live and/or work in Arlington, Sandgate, and Sunderland. In addition, with the support of the Arlington Food Shelf and generous donors, food and personal hygiene items are available to patients in need in our waiting rooms through Hannah's Pantry.



Our Supporters

Annual Giving 2022-2023

Gifts received July 1, 2022 - June 30, 2023

Anonymous (10) in memory of Phil Underhill (1) John and Karen Ahearn Arlington Deli Inc. Sally and Jim Ayrey Jessica E and Nate Bachiochi **Dick Bailey** Elizabeth K. Baker Dr. and Mrs. Bernard Bandman Terry Beach in honor of Bob Poblocki Sarah Beebe Jamie B and Cat C Blanchard in honor of Bob Poblocki Nelson and Debbie Blanchard in honor of Cat & Jamie Blanchard Raymond G. Bolton Seth and Chris B Bongartz Dr. and Mrs. Michael Brady Bill and Judy Bryan in honor of Bob Poblocki Kate Bryan ^E and Eric Zalewski Bill and Bebe Bullock Joe and Laura Carabello Mary Ann Carlson B George and Pat Carpenter Ken and Lila Cestone Nick and Liz Charest

in honor of Bob Poblocki

Amanda Jill Clemence & **Bruce Muscanell** Marc and Dee Colety Roger and Anne Cooper Crae Printing/Ed & Connie Messer Dr. Mardi Crane-Godreau & Mr. Albert Crane Christina Crawford E Brian and Jan Cunningham Deborah Cunningham & John Stauffer Kayla Davis E Kelly ^E and Dan Davis Melissa L. Davis Mary DeRosa Mitchell and Jacqueline DeRosa Linda and William Drunsic Stu and Shelli DuBoff Perez and Elizabeth Ehrich Alexandra Ernst and Garret Siegel Carol and Mike Farley Mary Lou Flynn in honor of the great staff at BVHC Jean S. Freebern Sandra P. Frost in honor of Lindsay Sherman Dawn George E

Cailin Goldberg-Meehan

Carol B and Arnie Gottlieb

in honor of Dr. Van Berckelaer Alyson Grzyb **Bob and Mary Guare** Marian Hackett Carolyn Harvey Avis and Jim Hayden Glen Hayden William G. Henry Megan ^B and Joshua Herrington Terri ^E and Jeff Hirsch Janet ^E and Don Hollner Mr. James & Dr. Kathryn Hourdequin Cora May and Robert Howe Wendy James & Howard Itzkowitz William T. Jerome **Keelan Family Foundation** Don and Nancy Kendall Peter King ^B and Dawn Dayton

Thomas and Barbara Gross



Carol Kirkland ^B
Rich and Howie Lederer
Thomas ^B & Sharyl Lenkowski
Russ ^B and Janice Leslie
Kevin Lynch
Mack Group Charitable Fund
Ms. Dolores K. Mahlmann
in honor of Katie Bryan
Jim Martinez ^B &
Paula Kamperman
James McCabe
Bruce McDonald

B - Board Member | C - Committee Member | E - Employee | V - Volunteer

Community Outreach

BVHC's Community Outreach & Education Program is supported in part by grants from Northeast Delta Dental and Stewart's Shops.





in schools and daycares

Our Supporters



Brian and Jennifer McKenna Ron and Elaine Mensh Torrie Meringolo Keith and Patty Michl Charles and Rebecca Moore Robert & Ann Newburger Fdn Irene Novotny & Don Brown Joseph B and Sandra O'Dea June E and Tony Onorato

Mike and Elizabeth Paxson Patrick and Laurie Payton **Brian Peat** Margaretha Pero Catherine Perry **Bob and Alice Pezzulich** Harry and Donna Pickering **Bob Poblocki**

Melissa Prouty, FNP E

Dan and Tammie Reilly Dr. and Mrs. Scott Rogge Cristin Rose Lawrence and Joan Rowe Shea Family Funeral Homes Jerilyn Witt Claudia Shell-Raposa & Jim Raposa Dr. Joshua Sherman & Ms. Carolyn Blitz

Philip and June Sherwin Victoria Silsby Doug and Joyce Snow Lee and Janice Spivey Tri State Area Federal Credit Union David Watkins & Mary Anne Holmes Charles and Charlene Webster Dr. and Mrs. Michael J. Welther E Art and Kathy Whitman John and Pat Williams Winburn Law Office Mr. and Mrs. Michael Wisniewski Helen and Gerald Woodard

John and Kathy Wright

Colleen and Scott York

Joyce A. Wyman

Gifts to support



Arlington Food Shelf Joe and Laura Carabello Patricia Carabello Vincent Carabello **Irving Tissue** Holland & Knight Foundation Art and Margo McKenna Donna and Harry Pickering Vermont Foodbank Peter Weissberg

th Annual Golf Tournament presented by ReArch Company | 9.20.23

Over \$19,000 was raised to support program and service expansion.

John and Karen Ahern Avocado Pit -Bennington & Manchester BerryDunn Cat Blanchard C, V Chris ^B and Seth Bongartz Scott Bourhill Builders, LLC. Judy Bryan V Buck Stop - North and South Joseph and Laura Carabello Mary Ann Carlson B, V

JW Leadership Consulting GSS Fire Extinguishers, LLC. **GVH Studio**, Inc. Hannah's Pantry Hayden Plumbing & Heating, Inc. High-Tech Plumbing & Heating **Keelan Family Foundation** Lundgren Subaru of Bennington M & T Bank: People's United Mack Molding Company Mahar and Son Funeral Home

DB McKenna and Co., Inc. The McKernon Group Corey and Suzanne Mears Richie and Patti Mears r.k. Miles, Inc. Miles Fuels Jason P. Morrissey, Esq. Northeast Network Solutions, LLC. Quadra-Tek Ramunto's - Arlington & Bennington ReArch Company, Inc.

The Richards Group Southwestern Vermont Health Spivey Lemonik Swenor PC Tyler Electric - Security Wadsworth Company, LLC. C.L. White Glass, Inc. H.N. Williams Store





Our Partners

The Vermont Blueprint for Health is a state-led, nationally recognized initiative that helps healthcare providers meet the medical and social needs of people in their communities.



Nurse Case Manager - Jessica Bachiochi, RN, BSN oversees transitional care for BVHC patients and those with chronic conditions including diabetes and hypertension.

Jessica works with BVHC transitional care patients, their family members, primary care providers, and a wide range of community resources post-hospitalization. She

follows up with high-risk chronic care patients to ensure they are following their care plan and utilizing available Blueprint services



Dietitian - Rachel Rodney, MS, RD, CDE provides patients with valuable dietary skills to lead a healthy lifestyle.

During a patient visit, Rachel learns about the patient's current diet and offers ideas to help them make healthy food choices moving forward and utilizes the community teaching kitchen where patients learn hands-on how to

prepare and cook delicious, healthy meals.



Jill Egbert, LICSW provides on-site, short-term behavioral health and substance abuse counseling to BVHC patients during stressful times. During their visit with Jill, patients begin to gain control of their emotional and behavioral needs, and they determine together the need for further assistance.

Long-term care needs are met through referrals to our full-time practitioners or one of the many organizations like United Counseling Services, which BVHC partners with to ensure the highest quality care possible for our patients.



As part of their training, fourth year student dentists from the University of New England College of Dental Medicine spend time working and learning from practicing dentists. These students have been chosen as they have met all school guidelines proving they are clinically ready to be providing care to patients in outpatient settings.

Dr. Clover and his team host externs for 13-week-long rotations. During that time, Dr. Clover provides guidance and training students.

Since our partnership began in 2017, BVHC has welcomed 15 externs.



BVHC partners with area schools and daycares to provide oral assessments and health education to our youngest residents.

Here, a UNE extern shows that dental tools aren't all that scary.

Our Partners





Each year, BVHC staff donates Christmas gifts to local children in need through the all-volunteer Red Stocking Program.

BVHC celebrates Children's Oral Health Month by distributing oral health tools and education to area schools.

BVHC provides toothbrushes to the Bennington Police Department for their Copsicle program.

Additional Community Collaborations ~ Strengthening our communities by improving the health of all of our neighbors.

Arlington Area Childcare - BVHC dental team has provided our youngest citizens with oral assessments and activities to encourage oral health and wellness.

Arlington Common - Working together to promote health and wellness, through free or reduced cost exercise classes.

Arlington Food Shelf - Resource for those in need; staff members donate time and food to this important organization.

Arlington Community Public Health Nursing Services - Provides BVHC with grant funding to use as needed; continues to be a resource for patients in need of financial assistance in regards to their health and well-being.

Arlington School District - BVHC providers have presented at faculty meetings and visited classrooms to offer assistance on health related topics.

Mack Molding - BVHC dental team has provided Mack Molding employees with oral assessments and education about their dental benefits; expanded hours to meet the needs of working patients.

Southwestern Vermont Medical Center - We have a referral agreement in place for medical services, and SVMC provides dental peer review and coverage.



At the Arlington Village Farmers' Market, we have the chance to meet with families from all over Bennington County, providing parents with health education and creating teaching opportunities through activities with their children.



