



# Community Resources

We are committed to providing you with resources that can help you when you need it. Additional resources can be found in the waiting room.



## Food shelves and their contact information

If you are a resident of:

- Bennington County | BROCC 447.7515
- Arlington, Sandgate, Sunderland | Arlington Food Shelf 375.6411
- Bennington, No. Bennington, Pownal, Shaftsbury | St. John the Baptist 447.7504
- Danby, Dorset, E. Dorset, Manchester, Middletown Springs, Mt. Tabor, Pawlet, Peru, Rupert, Sandgate, Sunderland, Wells, Winhall | Manchester Food Cupboard 362.0057
- Bennington | Sacred Heart St. Francis de Sales 442.1720
- Bennington, Pownal, Shaftsbury, Eagle Bridge | Green Mountain Christian Center 447.7224
- Bennington and surrounding towns | The Kitchen Cupboard 379.0149
- Danby and Mt. Tabor | Danby Food Shelf 293.5136
- Pawlet, West Pawlet, Wells | Pawlet Community Church 325.3022
- Cambridge, NY | Cambridge Food Pantry 518.677.7172
- Salem, NY | Salem First United Food Pantry | 518.854.4930

**We have frozen meals available for you to take - just ask!**

If you are experiencing a hardship of any kind, please be sure to mention that to your provider/nursing team. We are here to help you in anyway possible.